

| Pl | ° | dép. | Nom | Né | Club | Temps |
|----|---|------|-------------------------------|--------------------------|-------------------|---------|
| | | | Facile Court (9) | 1.7 km 50 m 12 P | | |
| 1 | | | Beboux Olivier | 62 | CO Lausanne-Jorat | 25:51 |
| 2 | | | Brülhar Johann | | | 29:13 |
| 3 | | | Jotterand René | 45 | CO Lausanne-Jorat | 30:57 |
| 4 | | | Bischoff Thomas | 10 | CARE Vevey | 33:18 |
| 5 | | | Nagy Anatoli | 10 | CO Lausanne-Jorat | 42:18 |
| 6 | | | Gomez Martin | 15 | CARE Vevey | 1:03:25 |
| 7 | | | Mattsson Michelle | 11 | Rimbo SOK | 1:04:22 |
| 8 | | | Delapierre Mix | 76 | | 1:19:56 |
| 9 | | | Herrera Mahé / Enoha | 11 | | 1:31:05 |
| | | | Facile Moyen (10) | 2.6 km 90 m 14 P | | |
| 1 | | | Behrens Laura / Adrien | 03 | | 43:10 |
| 2 | | | Szunyog Emese | 81 | CO CERN | 45:05 |
| 3 | | | Bongard David | 01 | | 48:35 |
| 4 | | | Kuznestova Tatyana | | CO Lausanne-Jorat | 54:19 |
| 5 | | | Guex Sylvie | 53 | CO Lausanne-Jorat | 57:38 |
| 6 | | | Chatagny Bertrand | 51 | CA Rosé | 59:17 |
| 7 | | | Milet Wagner Annick | 72 | | 1:07:49 |
| 8 | | | Joly Emelyne | 09 | | 1:11:51 |
| 9 | | | Joly Carine | 74 | | 1:12:21 |
| | | | Nivard Elliot | 04 | CO Lausanne-Jorat | pm |
| | | | Technique Court (22) | 3.0 km 110 m 14 P | | |
| 1 | | | Nagy Anastasia | 04 | CO Lausanne-Jorat | 37:35 |
| 2 | | | Kuznestova Katya | | CO Lausanne-Jorat | 44:07 |
| 3 | | | Knuchel Jean-Rodolphe | 46 | CO Lausanne-Jorat | 51:31 |
| 4 | | | Milet Elric | 02 | CO Lausanne-Jorat | 51:36 |
| 5 | | | Chatagny Eliane | 53 | CA Rosé | 53:19 |
| 6 | | | Baumann Catherine | 72 | CARE Vevey | 1:00:58 |
| 7 | | | Baumann Valentine | 02 | CARE Vevey | 1:01:35 |
| 8 | | | Baud Christine | 71 | CO Lausanne-Jorat | 1:11:48 |
| 9 | | | Hoyois Odile | 60 | CARE Vevey | 1:12:29 |
| 10 | | | Herren Hansruedi | 44 | CO Lausanne-Jorat | 1:15:12 |
| 11 | | | Loup Loïse | 62 | CA Rosé | 1:15:59 |
| 12 | | | Amaron Albert | 70 | | 1:16:46 |
| 13 | | | Hostettler/Brülhart Manuel/Au | 88 | CO Lausanne-Jorat | 1:19:54 |
| 14 | | | Behrens Nicole / Markus | 61 | | 1:20:04 |
| 15 | | | Kruithof Dorien | 49 | CO Lausanne-Jorat | 1:26:55 |
| 16 | | | Lallement Jade | 84 | | 1:27:43 |
| 17 | | | Berguerand/Gilliéron Robin/N | 95 | | 1:32:02 |
| 18 | | | Maeder Tom/Marlyse | 70 | | 1:39:11 |
| 19 | | | Oehrli Françoise | 62 | CO Lausanne-Jorat | 1:43:16 |
| 20 | | | Tacheron Claudia | 67 | | 2:00:46 |
| 21 | | | Herrera Raphaël / Chloé | 82 | | 2:08:12 |
| | | | Amaron Emeline | 04 | CO Lausanne-Jorat | pm |

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|-----------------------------|--------|-------------------------|--------------------------|----------------------|---------|
| Technique Moyen (27) | | | 3.9 km 130 m 17 P | | |
| 1 | | Gauthiez-putallaz Laure | | | 51:59 |
| 2 | | Tacheron Yves | 68 | | 57:02 |
| 3 | | Weber Serge | 63 | CARE Vevey | 58:48 |
| 4 | | Bischoff Laurent | 75 | CARE Vevey | 59:02 |
| 5 | | Godel Anne | 68 | CA Rosé | 1:03:33 |
| 6 | | Szöke Tamas | 71 | CO CERN | 1:14:48 |
| 7 | | Baud Quentin | 04 | CO Lausanne-Jorat | 1:14:57 |
| 8 | | Baud Sandrine | 71 | CO Lausanne-Jorat | 1:15:04 |
| 9 | | Ecoffey Pierre | 69 | CO Lausanne-Jorat | 1:18:37 |
| 10 | | Stuber Annina | 96 | CO Lausanne-Jorat | 1:20:02 |
| 11 | | Fournier Yannick | 80 | CO Lausanne-Jorat | 1:21:21 |
| 12 | | Hoyois Christian | 57 | CARE Vevey | 1:21:23 |
| 13 | | Pache Sandrine | 65 | CO Lausanne-Jorat | 1:22:41 |
| 14 | | Berguerand Alain | 64 | Footing club LS | 1:23:55 |
| 15 | | Voillemot/Wassef Marie | 88 | | 1:28:04 |
| 16 | | Fleury Perry | 59 | CO Lausanne-Jorat | 1:34:10 |
| 17 | | Falciola Jean-Marc | 67 | | 1:44:10 |
| 18 | | Brasey Paul | 99 | | 1:49:29 |
| 19 | | Brasey Christian | 65 | | 1:49:59 |
| 20 | | Peter Alain | 62 | CO Lausanne-Jorat | 2:00:56 |
| 21 | | Ninanga Louise | 71 | | 2:26:14 |
| 22 | | Gyger Malika | 91 | | 2:47:08 |
| 23 | | Meylan Pierre-Louis | 52 | | 2:47:12 |
| | | Mayer Nicolas | 92 | | pm |
| | | Perret Yannick | 93 | DNH | pm |
| | | Pérez José-Antonio | 65 | | pm |
| | | Imhof Ursula | 47 | OLG/CO Wallis/Valais | pm |
| Technique Long (24) | | | 4.8 km 160 m 19 P | | |
| 1 | | Renevey Christian | 85 | CA Rosé | 44:34 |
| 2 | | Favre Jérôme | 83 | ANCO | 44:48 |
| 3 | | Renevey Stéphane | 89 | CA Rosé | 47:02 |
| 4 | | High Darrell | 68 | CARE Vevey | 51:57 |
| 5 | | Lepori Domenico | 64 | CARE Vevey | 52:51 |
| 6 | | Mazuez Mathieu | 86 | OLG Bern / UBOL | 53:10 |
| 7 | | Snillman Tomas | 88 | | 53:31 |
| 8 | | Ehrbar Koni | 64 | CO Lausanne-Jorat | 54:41 |
| 9 | | Maalberg Maiki | 91 | CO Lausanne-Jorat | 56:22 |
| 10 | | Wichoud Jérémie | 01 | CO Lausanne-Jorat | 56:54 |
| 11 | | Kuznetsov Victor | 03 | CO Lausanne-Jorat | 57:16 |
| 12 | | Müller Beat | 62 | CO Lausanne-Jorat | 59:10 |
| 13 | | Baud Loïc | 02 | CO Lausanne-Jorat | 1:01:25 |
| 14 | | Favre Kerria | 94 | ANCO | 1:03:22 |
| 15 | | Peguiron Pierre | 56 | CO Lausanne-Jorat | 1:04:35 |
| 16 | | Oeschger Raphael | 61 | - | 1:11:46 |
| 17 | | Baumann André | 71 | CARE Vevey | 1:12:47 |
| 18 | | Kenneth Robert | 68 | Tri Team Lutry | 1:18:38 |
| 19 | | Wichoud Pierre | 70 | - | 1:28:41 |
| 20 | | Ruedin Philippe | 60 | VC Echallens | 1:37:25 |
| 21 | | Kühn Lukas | 48 | CO Lausanne-Jorat | 1:43:47 |
| 22 | | Amstutz Jean-Luc | 54 | | 2:00:13 |
| 23 | | Nicollier Jean-Marc | 60 | | 2:24:57 |

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|----------------------------|--------|--------------|--------------------------|-----------|----------------|
| Technique Long (24) | | | 4.8 km 160 m 19 P | | <i>(suite)</i> |
| | | Junod Pascal | 61 | CO Chenau | abs |